

## Sustainability Award Module

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School of Management MBA Programme

Course Content: 1 Week Course: 24<sup>th</sup> May 2021 – Fri 28<sup>th</sup> May 2021



Sustainability  
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### Course Summary

DAY	DATE	TIME	TOPIC
1	Monday 24 <sup>th</sup> May 2021	10am – 4pm	<p><b>What is Sustainable Development?</b></p> <p><i>What is Sustainable Development? What does it mean to people? Does this meaning change depending on your views, your job, your own personal circumstances?</i></p> <p><i>How do we make our organisations more sustainable? And, how do we measure and monitor the impact of sustainable development in practice?</i></p>
2	Tuesday 25 <sup>th</sup> May 2021	10am – 3pm	<p><b>Sustainable growth and the circular economy.</b></p> <p><b>Guest Lecturer: Fran Martin – Martinez</b></p> <p><b><i>Managing the life cycle of natural resources, from extraction through the design and manufacture of products, to what is considered as waste is essential to sustainable growth and part of developing a resource-efficient, circular economy where nothing is wasted.</i></b></p> <p><i>Smarter design allowing products to be repaired, re-used, remanufactured and then recycled again should become the norm. So, how do we develop and nurture a sustainable circular economy?</i></p>

3	Wednesday 26 <sup>th</sup> May 2021	10am – 4pm	<p><b>Delivering the UN Sustainable Development Goals.</b></p> <p><i>The United Nations Sustainable Development Goals, adopted by all United Nations Member States in 2015, provides a shared blueprint for peace and prosperity for people and the planet. At the heart of the Goals, is a global partnership, that recognizes that ending poverty and other deprivations must go hand in hand with strategies that improve health and education, reduce inequality, and spur economic growth – all the while tackling climate change. But, how do we as a higher educational institution deliver these goals?</i></p>
4	Thursday 27 <sup>th</sup> May 2021	10am – 3pm	<p><b>Volunteering &amp; Engagement Day.</b></p> <p><i>Volunteering can help you gain new skills, gain experience and as research suggests reduces stress, anxiety and improves your overall wellbeing.</i></p> <p><i>A day volunteering with us will see you learn more about the campus you live and study on, as well as some top tips and ideas on how to be more sustainable in your everyday lives.</i></p>
5	Friday 28 <sup>th</sup> May 2021	10am – 4pm	<p><b>Reflection.</b></p> <p><i>Reflection helps us to develop our skills and review their effectiveness. It can help us develop creative thinking and encourages engagement in work processes. It offers us the opportunity to identify and consider our own core values and become better decision makers in the process. Reflection can also improve our own self-awareness and is a key component of emotional intelligence, enabling us to develop a better understanding of others and their views and needs.</i></p> <p><i>Reflecting on the past week and the topics that we have covered; you will have the day to produce your own video or work as a group to reflect on sustainability.</i></p>

## Course Details

Dear MBA sustainability award module students,

Welcome to the Sustainability Award MBA module, please find all the details you will need to attend the module.

Classroom/ virtual teaching sessions will take place on Monday to Wednesday and will be a mix of virtual and in person classroom teaching. Please note, all current government and university Covid guidance will be respected and adhered to during the face-to-face sessions. This will be followed by a day's practical volunteering and engagement and a day to work on a reflection video.

Each day will be organised into a 1 or 2 hour sessions with opportunities for comfort breaks in between sessions and an hour long lunch break. If for any reason you are unable to attend any of the sessions could you, please inform us prior to the session starting.

Unless stated, there is no need to prepare any material prior to the course beginning. If you have any concerns regarding accessibility, Covid or other issues relating to the proposed timetable or course then please do not hesitate to contact me on [v.c.lewis@swansea.ac.uk](mailto:v.c.lewis@swansea.ac.uk). We endeavour to handle all queries sensitively and privately.

Looking forward to seeing you all.

**Victoria Lewis (Sustainability Officer)**

[Sustainability Award Pilot - Timetable May 2021.docx](#)